



Dinnington First Newsletter

No 5 December 2024-2025



Dear Parents and Carers,

It's been a fantastic term at Dinnington. As well as making excellent academic progress the children have enjoyed lots of opportunities to work together, designing and creating things, making music, visiting new places and challenging themselves.

We talk to the children a lot about our Dinnington **ROCKS** values of Resilience, Open to new experiences, Community, Kindness and Success and they have shown all of these in abundance.

We wish all of you a happy and peaceful Christmas break and a happy new year.

Best wishes from Mrs Ash and the Team



Christmas Events

It was lovely to see so many of you at our Christmas performances. We are so proud of the children as they worked incredibly hard to learn all those lines and songs. For some children this is their chance to shine and for others it was a time to conquer their fears. They all supported each other and put on a brilliant show. Teamwork!

They've thoroughly enjoyed their Christmas parties and we're very grateful that Santa found the time to visit each class with present from Parents and Friends.

Christmas Lunch & Church

A huge thank you needs to be given to our cook and her team who put on a delicious Christmas dinner. Pupils were welcomed into a decorated dining hall and thoroughly enjoyed pulling crackers and being served their Christmas dinners by the class teachers.

KS2 children have also performed a carol service at our local church where Reverent Mark wowed us all with his entertaining performance leaving the children in hysterics.



Upcoming Events

January 2025

- Monday 6th - Spring Term Starts
- Thursday 9th - Reception Trip to Sunderland Winter Gardens
- Wednesday 15th - Family Club Starts
- Friday 17th - Year 4 Beamish Trip
- Tuesday 21st - Y2 Gymnastics Academy
- Thursday 23rd - Gosforth Gets Going - Archery Gosforth Trust interschool event for selected pupils
- Tuesday 28th - Year 3 Woodhorn Trip

February 2025

- Tuesday 11th - Safer Internet Day
- Tuesday 11th - Multi-skills workshop in school for KS1
- Tuesday 11th - Online Safety Training (all pupils in school)
- Tuesday 11th - Parent Online Safety Training
- Monday 17th - Health Education - 'PANTS' in school Y2 workshop
- Thursday 20th - Year 4 Centre 4 Life Trip
- Friday 21st - Training Day (School closed to pupils: Start of Half Term Holiday)





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NHS Advice

Pharmacy First – an NHS service being offered from pharmacies across England for children and adults

I am emailing to let you know about an NHS service which pharmacies across England are offering for children (as well as adults) called **Pharmacy First**.

What is Pharmacy First?

This service enables children and adults to get quick access to healthcare advice as they can walk in to a pharmacy and access the service (some pharmacies also offer the service remotely as a video consultation). The person will then be offered a consultation with a pharmacist in a private consultation room. This service takes away the potential delay of having to wait for a GP appointment and may help ensure children get well and back to school as quickly as possible, as well as supporting parents/carers to also get better sooner if they are unwell.

The service supports primary school aged children in the below age groups who need help with:

- **Earache** (aged 1 to 17 years)
- **Impetigo** (aged 1 year and over)
- **Infected insect bites** (aged 1 year and over)
- **Sore throats** (aged 5 years and over)

The service also supports older children and adults (so is applicable to you as parents/carers) in the below age groups who need help with:

- **Earache** (aged 1 to 17 years)
- **Impetigo** (aged 1 year and over)
- **Infected insect bites** (aged 1 year and over)
- **Sore throats** (aged 5 years and over)
- **Shingles** (aged 18 years and over)
- **Sinusitis** (aged 12 years and over)
- **Urinary tract infections** (UTIs) in women (aged 16 to 64 years)

The pharmacist will provide advice and, if clinically necessary, offer an NHS medicine to treat the condition (these medicines are supplied free of charge to children under 16 years, with the normal [NHS prescription charge rules](#) applying to people aged 16 or over). The pharmacy will then send an electronic message to the person's GP surgery so their health record can be updated.

A summary of the service is available as an [animation](#) and more information can also be found at nhs.uk/thinkpharmacyfirst



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eSafety Advice

Online Safety Parents video:

<https://www.youtube.com/watch?v=5hJeHQen6tM>

Set Up Safe Checklist



Set your child up for online safety with these simple tasks

Manage broadband & mobile networks



At home, access your broadband network and set applicable controls.



On the go, set up controls on the relevant mobile network.

See step-by-step guides to help

Prepare their device



Explore the **device, controls and settings** to set limits on inappropriate content, screen time, spending and more.



Download and install the apps and games you're okay with your child using.



Set up controls in these apps and games to help keep your child safe while they play, browse or chat.



Install or set up additional **parental control apps** for further protection.

Explore step-by-step guides for social media and video gaming

Talk & learn regularly

Together, learn about online safety issues that might impact your child.

Together, explore privacy and safety settings on their favourite platforms.

Ask them to teach you about their favourite online platforms to create an open environment for conversation.

Keep these conversations going for continuous support.



Visit internetmatters.org for more advice

[InternetMatters](https://www.facebook.com/InternetMatters)

[@im_org](https://www.youtube.com/@im_org)

[@InternetMatters](https://www.instagram.com/@InternetMatters)

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