

Dinnington First School		PE Curriculum				September 2019	
	Ongoing	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Autumn End of term School Football tournament		Spring End of term School Hockey tournament		Summer End of term School Cricket tournament SPORTS DAY	
Y1	Pupils should: <ul style="list-style-type: none"> Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities. 	Multi skills throwing and catching and kicking <ul style="list-style-type: none"> master basic movements including running, throwing and catching 	Gymnastics <ul style="list-style-type: none"> developing balance, agility and co-ordination Tag games <ul style="list-style-type: none"> master basic movements including running, throwing and catching <i>School Games 2 Balance bike Derby Competition</i>	Dance <ul style="list-style-type: none"> perform dances using simple movement patterns. Ball and stick skills (introduction to hockey) <ul style="list-style-type: none"> master basic movements including running, throwing and catching <i>City Dance Festival</i>	Multi skills 2: Balance and core strength <ul style="list-style-type: none"> developing balance, agility and co-ordination Ball and stick skills (introduction to hockey) <ul style="list-style-type: none"> participate in team games, developing simple tactics for attacking and defending 	Curling <ul style="list-style-type: none"> developing balance, agility and co-ordination Introduction to football <ul style="list-style-type: none"> participate in team games, developing simple tactics for attacking and defending <i>School Games Key Step Gymnastics</i>	Athletics <ul style="list-style-type: none"> master basic movements including running, throwing and catching French Cricket <ul style="list-style-type: none"> master basic movements including running, jumping, throwing and catching <i>500 GAMES</i>
Y2	<ul style="list-style-type: none"> Participate in team games, developing simple tactics for attacking and defending Perform dances using simple movement patterns. 	Multi-Skills into to football skills tag games <ul style="list-style-type: none"> participate in team games, developing simple tactics for attacking and defending 	Dance <ul style="list-style-type: none"> perform dances using simple movement patterns. Hockey <ul style="list-style-type: none"> participate in team games, developing simple tactics for attacking and defending 	Gymnastics <ul style="list-style-type: none"> developing balance, agility and co-ordination Throwing and Catching Games – Bench ball / dutch rounders / Handball <ul style="list-style-type: none"> master basic movements including running, throwing and catching 	Archery <ul style="list-style-type: none"> developing balance, agility and co-ordination 	Skipping <ul style="list-style-type: none"> developing balance, agility and co-ordination Striking games <ul style="list-style-type: none"> participate in team games, developing simple tactics for attacking and defending <i>School games Key Step Gymnastics</i>	Athletics – Running, Jumping, throwing and catching <ul style="list-style-type: none"> master basic movements including running, throwing and catching Non stop cricket <ul style="list-style-type: none"> participate in team games, developing simple tactics for attacking and defending <i>500 GAMES</i>

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Y3	Pupils should: <ul style="list-style-type: none">Use running, jumping, throwing and catching in isolation and in combinationPlay competitive games, modified where appropriate and apply the basic principles suitable for attacking and defending.Develop flexibility, strength, technique, control and balance.	Outdoor and Adventurous <ul style="list-style-type: none">take part in outdoor and adventurous activity challenges both individually and within a team Multi skills (football focus) play competitive games and apply basic principles suitable for attacking and defending	Dance <ul style="list-style-type: none">perform dances using a range of movement patterns Games (fun for everyone- ball skills focus) <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending <i>KS2 School Games Parrallel Challenge</i>	Gymnastics <ul style="list-style-type: none">develop flexibility, strength, technique, control and balanc Netball <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending	Dodge ball <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending <i>Tennis</i> <ul style="list-style-type: none">develop flexibility, strength, technique, control and balance <i>School Games Quicksticks tournament</i> <i>Primary City Cross country</i> <i>School Games KS2 Boccia</i> <i>School Games Rugby</i>	<i>Cricket 2,4,6</i> <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending Hockey <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending <i>School Games Key Step Gymnastics</i>	Athletics <ul style="list-style-type: none">use running, jumping, throwing and catching in isolation and in combination Swimming <i>School Games Quad kids Athletics 500 GAMES</i>
Y4	<ul style="list-style-type: none">Perform dances using a range of movement patterns.Take part in outdoor and adventurous activity challenges both individually and within a team.Compare their performances with previous ones and demonstrate improvement to achieve their personal best.	Invasion Games- Football <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending Multi skills compare their performances with previous ones and demonstrate improvement to achieve their personal best.	Dance <ul style="list-style-type: none">perform dances using a range of movement patterns Badminton <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending <i>KS2 School Games Parrallel Challenge</i>	Gymnastics <ul style="list-style-type: none">develop flexibility, strength, technique, control and balanc Basketball play competitive games and apply basic principles suitable for attacking and defending	Handball <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending Hockey <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending <i>School Games Quicksticks tournament</i> <i>Primary City Cross country</i> <i>School Games KS2 Boccia</i> <i>School Games Rugby</i>	Swimming Tri golf <ul style="list-style-type: none">compare their performances with previous ones and demonstrate improvement to achieve their personal best. <i>School Games Key Step Gymnastics</i> <i>School Games Tennis</i>	Athletics <ul style="list-style-type: none">use running, jumping, throwing and catching in isolation and in combination <i>Cricket 4 wickets</i> <ul style="list-style-type: none">play competitive games and apply basic principles suitable for attacking and defending <i>School Games Quad kids Athletics</i> <i>500 GAMES</i>
Ideas for Extra Curr Clubs		Football Dance	Football Dance	Hockey Rugby	Hockey Rugby	Cricket Orienteering Multi skills	Cricket Orienteering Multi skills

Intra-school competitions GOSFORTH GETS GOING EVENTS TBC

Inter School games or City Games competitions or 500 games.

- Bullet points refer to National Curriuulum objectives for Key Stage

Northumberland Cricket Board coach to work and support teachers and pupils. MONDAY 2pm-3pm (so PE timetable may change from term to term)