

# Dinnington First School

Newsletter June 2017

## Dear Parents

We have a very busy half term ahead and the calendar attached to this newsletter gives you notice of events for the rest of the term. I hope you are able to join us on Wednesday 28th June for our open morning and on Tuesday 11th July for our sports afternoon.

## Healthy Eating Week

Next week we are focusing upon healthy eating. During the course of the week children will find out about nutrition, making healthy food choices and where our food comes from. They will take part in healthy food tasting sessions and prepare healthy snacks. We hope to give the children a clear message about the importance of having a healthy diet and hope you will support us in this.



## Health and Well Being

Staff have recently taken part in training focusing on how to support children with sensory disorders. The trainer stressed the importance of establishing a bedtime routine and plenty of sleep for young children. She also described how exposure to blue light; light from electronic devices and TVs, has a detrimental impact on sleep patterns. This in turn can cause tiredness and apathy the following day. Her advice is to stop children from using these devices at least an hour before they go to bed and that this can be incorporated into the bedtime routine.

## Summer Fair

It has been necessary to change the date and time of the Summer Fair. It will now take place on **Friday 7th July from 2:00pm until 4:00pm.**

Children can be collected at **2:00pm** to attend/help out at the fair. Any remaining children will be supervised by school staff until **3:00pm**. All children must be collected by this time. The After School Club will operate from 3:00pm as normal.

The Parents and Friends are working hard to organise the Fair and would very much appreciate additional support in preparing for it and helping with stalls on the day.

Children will be running their own class enterprise again this year and the support of parents will be essential. On Friday 30th June there will be a non-uniform day to collect donations of bottles and teddies for the tombola and any unwanted gifts for the raffle. Donations for the books, DVDs, toys and games stall and new unwanted gifts can be brought into school from this day.

## Nut Allergy

Please remember that one of our children has a severe nut allergy and I would ask all parents not to include nuts and any products containing nuts in their child's packed lunch.



### **Clubs**

Our after school clubs have resumed after the half term holiday and all clubs are full. Clubs start at 3:00pm and most end at 3:45pm, apart from Archery 4:10pm and Girls Fitness Club and Steel Pans 4:00pm. All clubs will run for a further five weeks and you will be informed if any club is not taking place. The last session for all clubs will take place in the week beginning **3rd July**.

### **Skipping Ropes**

Skipping ropes for Year 2 children used during the skipping workshops recently held in school and for the Skipping Festival are available in school priced £5.

### **Daft as a Brush Fundraising Day**

Thank you to all those who supported our Daft as a Brush fundraising day. The amount raised was £280 and this amount will be sent to the charity. The talent show was very popular and we are thinking about repeating this again next year.

### **Health and Safety**

In order to ensure that children are protected from the sun, please ensure that they come to school with high factor sun protection already applied. A sun hat or cap will also provide additional protection. Boots now sell their own brand high factor, once a day cream. Children in nursery and those new to the school have been provided with a school cap.

