



KNOWLEDGE ORGANISER: P.E - Benchball - Year 4 Block 3

Key Learning Objectives:

- To throw and catch with increasing control and accuracy
- To move into space to support team play
- To follow and understand the basic rules of Benchball
- To develop simple tactics for attacking and defending



Teamwork and Fair Play Focus:

- Encourage **positive communication**: call for the ball, give praise, and support others
- Respect the **rules and referee decisions**
- Play with **honesty and cooperation**, even when things get competitive

Key Vocabulary:

Word	Definition
Pass	Throwing the ball to a teammate
Catch	Securely receiving a pass
Bench	The target area where the scoring player stands
Invasion Game	A game where teams move into the opponent's area to score
Marking	Staying close to an opponent to stop them getting the ball
Space	An open area on the court used to move or pass into
Interception	Stopping or catching the ball from the opposing team
Teamwork	Working together to achieve a common goal
Tactic	A planned way of playing to help win the game